



Step 1: We admitted we were powerless over food — that our lives had become unmanageable.
Tradition 3: The only requirement for OA membership is a desire to stop eating compulsively.

WELCOME BACK, WELCOME HOME

Sunday, March 31, 2019

1:30 – 3:30pm (doors open at 1:00)

Elliot Hospital Conference Center

1 Elliot Way, Manchester, NH 03103



Use Fleming Entrance on the Ground Level - handicap accessible

Cost: Free; 7th Tradition donations accepted
Water available at Workshop

Please join us to hear what has helped Members return to OA after being away for months or years, and how this program helps its members to stop eating compulsively.

The Workshop will include Speakers, time for small group discussion, complimentary literature, and Ask-It-Basket questions.

Directions

From Points North and East of Manchester: Take Route 93 South to exit 8 and follow the blue Hospital  signs
From Points South and West of Manchester: Take Route 93 North to exit 6 and follow the blue Hospital  signs

For more information: Contact our answering service at (603) 434-7578 / (800) 201-8720 Toll Free
or our web site at www.oanewhampshire.org

