



# 2021 Marathons

Sponsored by Virtual Intergroup of Overeaters Anonymous

**712-432-5200 PIN: 4285115#**

Meetings every hour from 8:00am to 12 midnight ET  
[2021oamarathons@gmail.com](mailto:2021oamarathons@gmail.com)

Saturday, February 27

## **OA Unity Day**

Spiritual Principle of Tradition 2 – Trust  
How Am I Willing to Act on Faith?

Wednesday, March 17

## **St. Patrick's Day**

Spiritual Principle of Step 3 – Faith  
What Does Letting Go of My Self-Will Feel Like?

Saturday, March 27

## **Passover Begins**

Spiritual Principle of Tradition 3 – Identity  
How Has My Identity Been Transformed in OA

Friday, April 2

## **Good Friday**

Spiritual Principle of Step 4 – Courage  
Do I Have the Courage to Be Me?

Sunday, April 4

## **Easter - End of Passover**

What Does Renewal Look Like in My OA Program?

Tuesday, April 13

## **Ramadan Begins**

Is Every Day A New Beginning for Me?

Sunday, May 2

## **Orthodox Easter**

Spiritual Principle of Tradition 4 – Autonomy  
How Am I Taking Responsibility For My Own Actions?

Sunday, May 9

## **Mother's Day**

Spiritual Principle of Step 5 – Integrity  
How Does Integrity Show Up In My Program?

Tuesday, May 11

## **EID al-Fitr – Ramadan Ends**

Day to Day Living in Steps 10, 11 and 12

Monday, May 31

## **Memorial Day**

Spiritual Principle of Tradition 5 – Purpose  
How Do I Carry the Message of Recovery?

Friday, January 1

## **New Year's Day**

Every Day is a Fresh Start with Step 1

Saturday, January 16

## **OA's 61st Birthday**

Spiritual Principle of Step 1 – Honesty  
Celebrating Honesty

Monday, January 18

## **Martin Luther King Jr. Day**

Recovery is Worth Working For

Sunday, February 7

## **Super Bowl Sunday**

It Is A We Program  
It Takes Fellowship to Work the Steps

Friday, February 12

## **Chinese New Year**

Spiritual Principle of Tradition 1 – Unity  
Together We Can Do What We Cannot Do Alone

Sunday, February 14

## **Valentine's Day**

The Sweetness of Recovery

Monday, February 15

## **President's Day**

Spiritual Principle of Step 2 – Hope  
How Do I Sustain My Hope?

Tuesday, February 16

## **Mardi Gras**

What Are You Craving?