

May 2013

Promises

Issue 342



A monthly newsletter published and distributed by New Hampshire Intergroup.

COMING EVENTS...

Visit www.oanewhampshire.org
for information on all events.

**8/29/13 - Cleveland, OH OA World
9/1/13 Service
Convention**

April 2013 Donations	
Anonymous	\$50.00
Bedford, Thursday 9:30am, 51985	\$82.80
Concord, Monday 5:30pm, 47647	\$12.54
Derry, Thursday 10am, 40908	\$100.00
Derry, Tuesday 7pm, 45144	\$46.20
Hollis, Sunday 5pm, 46146	\$60.00
Lebanon, Tuesday 5:30pm, 45936	\$74.00
Nashua, Monday Noon, 40476	\$26.85
NHI, Sunday 2pm, 09190	\$67.00
Total	519.39

Please consider sharing your gift of recovery by sending your writing to the Promises Editor. Please email leslie.zobel@live.com. Sponsors, encourage your sponsees to share their writing! Look back in your journals, when surfing the OA web, if you find something that moves you, when you hear something in a meeting, share it! All articles welcome!

Remember the Traveling Hopefuls

You can be a Traveling Hopeful! This is a great way to do service. All you have to do is extend your hand to another OA member, travel together, and do service by attending meetings across the state. You have a meeting on the way, a meeting there, and a meeting on the way home! For more information, look at <http://www.oanewhampshire.org/tsw/traveling-hopefuls.pdf>

Consider being a Traveling Hopeful at the following meetings:

SUNDAY: 5-6 pm Hollis
Hollis Congregational Church, 3 Monument Square, side door

MONDAY: 6:30-7:30 pm Bedford
Bethany Covenant Church, 1 Covenant Way

MONDAY: 5:30-6:30 pm Concord
South Congregational Church, 27 Pleasant Street, Parish House entrance

TUESDAY: 5:30-6:45 pm Nashua
Main Street United Methodist Church, 154 Main Street

THURSDAY: 7:00-8:00 pm Hopkinton
St. Andrew's Parish Hall Building-Library
354 Main Street

SATURDAY: 7:30-8:30 am Amherst
Christ's Church of Amherst, 55 Merrimack Road

From Twelfth Step Within

How Do We

Carry the Message?

Do not be disappointed or discouraged if the results you hope for do not materialize. Remember that nothing will hinder our message more than being judgmental toward those we are trying to serve. The following are suggested ways for individuals to support their members.

- Sponsor others through the steps.
- Let others know there is a solution by writing your personal story of recovery from relapse and sending it to OA's Lifeline magazine or to your local OA newsletter.



Lifeline, OA's international magazine, serves as an indispensable "meeting-on-the-go." Lifeline is available in two versions: printed magazine and an electronic online magazine, called e-Lifeline. To purchase, see your group Lifeline representative or go online at www.aa.org.

"Twelfth Step Within Day"

The Derry Saturday meeting celebrated World Service's fourth annual Twelfth Step Within Day on December 8th prior to the official December 12th 2012 date. The meeting used the day to reach out to those who still suffer in the fellowship, to think about what keeps our members "coming back", and to provide an opportunity for members to strengthen their own recovery. Here are some of the comments on the theme "How to strengthen meetings and membership":

- Show up at meetings!
- Perform service at meetings
- Reach out to newcomers and members who are struggling



help
traveling lunch
and supper
lifeline in pocketbook
pillow
sense of humor

H P

enjoy traveling basketball game
in hartford connecticut

friend in recovery
oh 6am 8th grade Washington
trip

b r e a t h e