

Promises

March 2017

Issue 381

*A monthly newsletter published and distributed by New Hampshire Intergroup.
This newsletter is made possible by your generous contributions.*

Have you ever submitted an article to the Promises Newsletter? This newsletter is yours and NHI welcomes members to submit articles/stories regarding their program/experiences/recovery. Please consider sharing your thoughts by submitting an article.

Email your submission to nhipromises@oanewhampshire.org or submit via USPS mail: Promises Newsletter, c/o NHI, PO Box 1363, Derry, NH 03038-6363. The deadline for submissions is the 20th of the month.

Meeting List changes

- Please forward any meeting information (New, Closed, changes, etc.) to: nhimeetinglists@oanewhampshire.org AND nhipromises@oanewhampshire.org so the NH meeting list can be updated and the information can be included in the Promises Newsletter.
- It is a meetings' responsibility to notify WSO and newspapers regarding their meeting list info (new, changes, closed).
- If you are searching for a location to schedule a meeting, please consider a location that is handicap accessible
- You can send your meeting info to your local newspaper and ask that your meeting info be listed in the Community Calendar section (free of charge as OA is non-profit)



NH Intergroup Business Meeting

April 2nd @ 2PM
Concord, NH

Details: OANewHampshire.org

NHI is in the planning stages of a Sponsorship Workshop in the Spring of 2017. Info will be upcoming in a Promises Newsletter and on the NHI Website: <http://www.oanewhampshire.org/events>

7th Tradition Donations (January, 2017)

| <u>Group Name, Day/Time/#</u> | <u>Amount</u> |
|-------------------------------|------------------|
| Bedford, Mon am (53394) | \$ 30.00 |
| Bedford, Thu am (51985) | \$ 30.00 |
| Bedford, Wed pm (49151) | \$ 318.85 |
| Derry, Sat am (22472) | \$ 114.89 |
| Derry, Tue am (45144) | \$ 72.60 |
| Hopkinton, Tue pm (22474) | \$ 121.00 |
| Lebanon, Sat am (27140) | \$ 54.00 |
| Manchester, Tue pm (49532) | \$ 130.93 |
| Nashua, Mon noon (40476) | \$ 51.40 |
| Total Donations | \$ 923.67 |

* Please note *

1. NHI transfers 36% of meeting donations to the Delegates fund for reimbursement of delegates expenses attending the Region 6 and WSO Business Meetings. \$332.52 was transferred for January.
2. NHI donates 5.5% of meeting donations to WSO. \$50.80 was donated to WSO for January.

NHI also donates \$75 per quarter to Region 6

Are you looking for a sponsor? (suggestion)

- Speak to your NHI meeting Rep and ask if he/she can offer help finding a sponsor

Does your meeting have the latest pamphlet regarding Seventh Tradition (revised in 2016)? It can be obtained at <http://bookstore.oa.org/> There is also much more OA literature at the website, including a Public Information Poster.

24-HOUR ANSWERING SERVICE



(800) 201- 8720

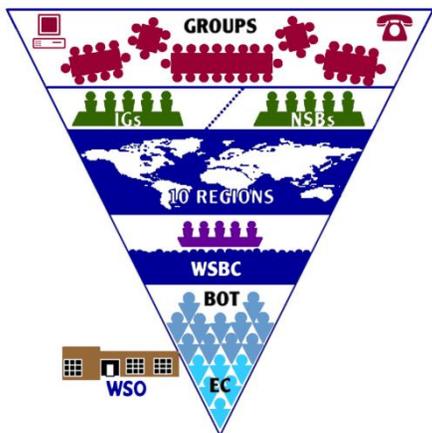
Toll free NH, ME, MA, VT only

(603) 434-7578 - Local Calling Number - Derry, NH

41st Annual Retreat (An OA 12 Step Journey)
Sponsored by Western Mass IG June 2 – June 4
Genesis Spiritual Life Center, Westfield, Mass.
Info: www.oawmass.org/wordpress/events/wmi-retreat

Service Structure of OA

“OA’s “Inverted Pyramid” describes our unique service structure. Unlike a traditional business that has tiers of managers directing those “below” them, OA’s Board of Trustees is accountable to those at the region, intergroup/service board, and group levels. Therefore the “higher” the position a trusted servant holds, the more people to whom the trusted servant is accountable. Our primary goal is to serve those in the Fellowship as we progress in the recovery process. Refer to the pamphlet *OA Handbook for Members, Groups and Service Bodies* (Revised and Expanded 2015) for more information. It can be obtained at <http://bookstore.oa.org/>



The Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self-pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not.

They are being fulfilled among us – sometimes quickly, sometimes slowly.

They will always materialize if we work for them.

One thing that keeps getting stronger as my recovery progresses is the knowledge that no matter how much I may be hurting or how bad thing may seem at times, as long as I maintain contact with my Higher Power and this beautiful program, I will be okay no matter what comes along. This has been proven to me time and time again throughout my recovery.

Excerpted from Abstinence book (1st Edition) Time Tested Recovery

What Does NHI Do with Your Group's Contributions?

NHI has the following three (3) funds:

- General Fund
- Delegates Fund
- Retreat Fund

When your group makes a donation to NHI, unless otherwise specified, your donation will be credited to the NHI General Fund to be used as follows:

- 36% goes directly into NHI’s Delegates Fund, enabling NHI to be represented at the World Service Business Conference and Region 6 Assembly meetings, to keep your group informed about OA happenings.
- The remaining 64% covers the costs associated with providing the following services:
 - Covering the Liability insurance for registered OA meetings in NHI
 - Updating Meeting Lists on a regular basis
 - Providing a toll-free Answering Service to direct newcomers to meetings
 - Publishing the Promises newsletter
 - Sponsoring Sharathons, Workshops and Special Events
 - Maintaining the NHI website
 - Rent and other administrative costs

The Retreat Fund is self-funded through retreat registrations and retreat-specific donations from member groups. These donations are used for scholarships or for other purposes as designated by the donor (e.g., Retreat Scholarships, Retreat Leader Expenses, etc.). If no specific purpose is noted, the donation is used to meet the needs of the Retreat as determined by the Retreat Chair and NHI.

If you wish to make an additional donation to the Delegates Fund* or donate to the Retreat Fund, in addition to or instead of the General Fund, you can direct a specific dollar amount of your contribution to any of those funds by indicating your intentions at the time you submit your contribution.

To direct donations to a specific fund:

- On the paper Contribution Form, there are specific lines you can complete.
- On the PayPal online payment page, you can use the area of the online payment form where it says to “Enter your Group # or Meeting Info” to specify the dollar amount you wish to earmark for each fund at the time you make the contribution.

Thank you very much for your support of NHI, which in turn, helps us to continue to be able to serve our member groups by providing services that are beyond the scope or ability of an individual group.

* Remember that the Delegates Fund is already funded by 36% of each donation to the General Fund