

Overeaters Anonymous

New Hampshire Intergroups Twelfth Step Within Committee

December 2012

Together We Can Do What We Could Never Do Alone

No member is immune to relapse or to quitting OA. The agreement on the following page is an "insurance policy" against both possibilities. If this agreement could be helpful for you, fill out your name and other information as the "I" on one side of the form and have another OA member complete the other half. Cut the forms apart and exchange sides. Place the agreement in a prominent spot to remind you of your commitment to recovery and service. This Recovery Insurance Policy is no guarantee of recovery, but it may keep you from leaving OA before the miracle happens. And remember to KEEP COMING BACK NO MATTER WHAT !