

November 2013

# Hope and Faith

**“We continued to practice these principles in all our affairs.”**

This month the Twelfth Step Within Committee is focusing on **hope** and **faith**, the principles of steps 2 and 3.

***Step 2 – Came to believe that a Power greater than ourselves could restore us to sanity.***

“In step two we learned **hope** as we came to believe that a Power greater than ourselves could restore us to sanity. This same **hope** will now need to underlie all our actions. Even in our loneliest hours, we can remind ourselves of the great truth that we are not alone; even in our weakest moments we will find the strength we need if we believe it is available to us and ask for it.”

***Step 3 – Made a decision to turn our will and our lives over to the care of God as we understood him.***

“In step **three** we learned **faith** as we made the most important decision we had ever made, the decision to trust God – as we understand God – with our will and our lives. Practicing the principle of **faith** today means that we will no longer go through life acting however we feel like acting at any given moment. Instead we will look to our Higher Power for guidance and strength as we face each decision.”