

New Hampshire Intergroup

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Dear Group Representative:

Thank you for offering to serve as your group's representative to New Hampshire Intergroup.

You are an important participant in NHI's commitment to assist its member groups in strengthening OA recovery in the rooms of NHI meetings, and to reach out and carry the message of recovery to the still suffering compulsive overeater.

One of your main duties as Intergroup representative is to attend the monthly NHI business meetings, which are held September through June, usually on the first Sunday of the month. Meetings may be held on the second Sunday if the first Sunday falls on a holiday. There are no meetings in July and August. A list of meeting dates (along with directions) is included.

This three-ring binder and its contents are intended to be a tool to help you carry out your duties as your group's representative. Basic information appears in the front of the binder, followed by five tabbed sections:

- Bylaws, Policies & Procedures, and NHI Job Descriptions
- NHI Minutes
- NHI Financials
- Committee Reports
- *Promises* (the NHI newsletter)

Also included in the notebook is a plastic sleeve which contains various OA pamphlets and a Twelfth Step Within Handbook with ideas for ways your own meeting can reaching out to those members in the fellowship who are still suffering. All of these are listed in the Table of Contents.

Bring this notebook with you to each NHI meeting and to your group business meetings when you report on NHI business. The notebook should be passed on to your successor when the group rep service position turns over. We recommend that a year's worth of material is kept in the binder for the sake of continuity.

Again, thank you for your service to your group, New Hampshire Intergroup and OA as a whole.

Yours in service and gratitude,

Elaine Tostevin
New Hampshire Intergroup Chair