

*A monthly newsletter published and distributed by New Hampshire Intergroup.
This newsletter is made possible by your generous contributions.*



NH Intergroup Business Meeting

June 4th @ 2PM
Concord, NH

Details: OANewHampshire.org

Region 6 Convention: Oct 20, 3 pm – Oct 22 12:30 pm
Stepping Up For Recovery
Toronto, Canada (Sheraton Parkway North Hotel & Suites)
For Info: oaregion6.org/2017

15th Annual OA Fall Retreat: Oct 6, 4 pm – Oct 8, 1:00 pm
Marie Joseph Spiritual Center, Biddeford, Maine
Sponsored by Southern Maine Intergroup
For additional information contact:
oaretreatatbiddefordpool@gmail.com

Have you ever submitted an article to the Promises Newsletter? This newsletter is yours and NHI welcomes members to submit articles/stories regarding your program/experiences/recovery. What are you waiting for?

Email your submission to nhipromises@oanewhampshire.org or submit via USPS mail: Promises Newsletter, c/o NHI, PO Box 1363, Derry, NH 03038-6363. The deadline for submissions is the 20th of the month.

Meeting List changes

The Claremont meeting has closed

- Please forward any meeting information (New, Closed, changes, etc.) to: nhimeetinglists@oanewhampshire.org AND nhipromises@oanewhampshire.org so the NH meeting list can be updated and the information can be included in the Promises Newsletter.
- It is a meetings' responsibility to notify WSO and newspapers regarding their meeting list info (new, changes, closed).
- If you are searching for a location to schedule a meeting, please consider a location that is handicap accessible
- You can send your meeting info to your local newspaper and ask that your meeting info be listed in the Community Calendar section (free of charge as OA is non-profit)

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7th Tradition Donations (March 2017)

<u>Group Name, Day/Time/#</u>	<u>Amount</u>
Nashua, Mon 7pm (40655)	\$ 86.46
Nashua, Thu 6:30am (51426)	\$ 36.60
New Boston, Tue 6pm (953307)	\$ 97.80
Total Donations	\$ 220.86

*** Please note ***

1. NHI transfers 36% of meeting donations to the Delegates fund for reimbursement of delegates expenses attending the Region 6 and WSO Business Meetings. \$79.51 was transferred for March.
2. NHI donates 5.5% of meeting donations to WSO. \$12.15 was donated to WSO for March.

NHI also donates \$75 per quarter to Region 6

Is your Meeting keeping up with the 7th Tradition of being self-supporting?

Meetings are encouraged to distribute surplus funds on a quarterly basis to their Intergroup, to World Service (WSO), and to their Region.

OA suggests that meetings send 60 % of their surplus after expenses to their Intergroup, 30% to the WSO, and 10 % to the Region. For your convenience, New Hampshire Intergroup makes it possible for meetings to make contributions via credit card or bank account through PayPal. You do not have to have a PayPal account to make a contribution. If a meeting does not wish to pay online, a contribution form can be downloaded from the NHI website at http://www.oanewhampshire.org/contribute_to_oa/seventh-tradition-contribution-form.pdf and submitted with a check or money order to the following address:

New Hampshire Intergroup
P. O. Box 1363
Derry, NH 03038-6363

Overheard at meeting

Worrying doesn't take away tomorrow's troubles, it takes away today's peace.



(800) 201- 8720

Toll free NH, ME, MA, VT only

(603) 434-7578 - Local Calling Number - Derry, NH

New Hampshire Intergroup (NHI) seeks to support our Meetings by providing services that are beyond the scope or ability of an individual group.

One major service that NHI provides is liability insurance for the Meetings on our Meeting list. Most churches and community centers require proof of liability insurance in order to use their facilities. Questions about liability coverage should be directed to the NHI Treasurer via email:

nhitreasurer@oanewhampshire.org .

Other services that are provided for our Meetings include:

- Updating Meeting Lists on a regular basis
- Providing a toll-free Answering Service to direct newcomers to meetings
- Publishing the Promises newsletter
- Sponsoring Sharathons, Workshops and Special Events
- Maintaining the NHI website
- Renting space for Intergroup Meetings
- Covering PayPal fees and other administrative costs
- Sending NHI Delegates to OA Business Meetings (WSO and Region 6) to be a voice/vote for NH.

Lifeline Request

Lifeline needs stories from newcomers for Newcomers Corner and stories about giving service for the Service and Recovery department in Lifeline magazine. Please send your stories to info@oa.org.

Overheard at meeting

Face your stuff...don't stuff your face...

OA SERVICE

- Service is a privilege, not a duty, obligation or punishment.
- Anyone with the courage to expose themselves through service grows as a human being.
- Service taught me a lot about responsibility, perseverance, acceptance, patience, tolerance, strength, confidence, and courage.

Excerpt from Lifeline (December 2014)

The Tool of Service How New Hampshire Intergroup "Carries the Message"

- A Answering service
- B Book covers made by NHI members
- C The Twelve Concepts of Service
- D Delegates to Region 6 Assembly and the World Service Business Conference
- E Eight hundred (800) phone number
- F Financial reports
- G Group Conscience
- H Hope
- I Insurance and liability protection
- J July and August - no monthly Intergroup meetings!
- K Keep Coming Back
- L new Literature
- M Meeting Lists
- N Newsletter - the Promises
- O Officers - our NHI trusted servants
- P PayPal for convenient 7th Tradition donations online
- Q Questions answered
- R Retreats
- S Sharathons
- T Twelfth Step Within
- U Unity Day – collaboration with neighboring Intergroups
- V Votes and a Voice
- W Website - www.oanewhampshire.org
- X eXempt organization 501(c)3 non-profit organization
- Y Yes - "Always to extend the hand and heart of OA to all who share my compulsion..."
- Z Zzzzzz – so much service ... so little time!

Submitted by Nancy S

“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.”