## NH INTERGROUP MINUTES – October 14, 2012

**ATTENDEES** (in alphabetical order by first name – Officers are listed with their first and last names)

Bill G. – Monday Bedford rep, Multi-media chair Bill Partridge – Thursday Bow 5:30, Region 6 alternate

Debi Granfield - Secretary

Dee Pingleton - Chair, R6 Rep/WSBC Delegate

Diane Plourde - Monday Manchester rep, R6 rep, WSBC Delegate

Eileen R T – Event flyer chair, Thursday am Derry Jill Meier – Sunday Concord 1 pm rep; Saturday Derry; Webmaster, Vice Chair, Region 6 rep, WSBC delegate Judith Reichsman – Tuesday Brattleboro rep, Region 6 Rep

Karen M - Monday Manchester rep

Kelley W. – Mailing coordinator/Designated downloader/ PI Chair Naisa Chase – Belmont pm rep, Answering service chair, Region 6 rep

Nancy Sullivan – Treasurer

Pam Tinker – Saturday Nashua rep, Region 6 alternate

#### **OPENING**

Dee opened the meeting with the Serenity Prayer. Each person introduced themselves by giving their name, service position or what group they represent. Diane Plourde read The Twelve Steps and

Eileen RT read The Twelve Traditions. Pam read Concept 8.

## Reports

**Secretary:** September minutes were accepted as submitted.

**Treasurer:** Nancy brought to our attention the Treasurer's line item is over budget. There was discussion about

whether there needed to be an override or money moved from another line and it was decided that we would look at past actions and do research rather than make a quick decision. The Treasurer's report

was accepted as submitted. The 7<sup>th</sup> tradition, set up to cover additional rent, was passed around.

# **Information:**

Pam gave us information on the qualifications for WSBC delegates and Region 6 reps following the question last month regarding whether a WSBC delegate had to attend a certain number of Assemblies before being eligible to be elected as a delegate. Pam researched the various By-laws and discovered the following:

Our bylaws say that any Board position (both Region 6 rep and WSBC delegate are Board positions) needs current recovery on all three levels for 6 months.

<u>Region 6 bylaws</u> say that requirements are to be as stated in the bylaws but are elected by the Intergroup according to any requirements they wish.

OA bylaws say in Subpart B, Section 3 (c) that the requirements are to be set by each Intergroup or Region or Service Board. They have to have at least one year of abstinence and at least two years of service beyond the group level. Since the person is representing the Intergroup and Region 6 it would be a good idea for them to have attended recent Assemblies but it is not stated anywhere.

We need to update our bylaws to be in agreement with Region 6 and OA By-laws. Pam did point out that WSO is now going to send all information by e-mail and will be on their website. Delegate registration is due by December 31<sup>st</sup>.

# **Elections:**

WSBC delegates: We are allowed 3 delegates so we need to elect two more. Since we can only send 2 financially, the delegates will decide who will go and who will be an alternate. Debi nominated Diane and she accepted. Pam nominated Jill and she accepted. The question was asked if we needed to do a ballot and Bill said that a ballot had to be requested and since no one did we did a vote on each person and it was unanimous for both.

Region 6 reps: We need 2 alternates. The requirements are 6 months of abstinence and being present at Intergroup. Jill nominated Pam and Pam said she was willing but will not be here all year. She was elected unanimously. Diane nominated Bill P and he agreed to be an alternate and was elected unanimously.

## **Committee reports:**

**Region 6 reps: Diane** represented the Twelve Step Within Committee and the group appreciated the information she shared regarding our experience with The Traveling Hopefuls and the Twelve Step Within Handbook, which some did not know existed. She said the group also was interested in the idea of working any problem through the 12 steps. She asked them to write what they would say to a still suffering compulsive overeater and they enjoyed each one that she read. Diane reminded us that there is a fund to send reps to Region 6 if the Intergroup cannot afford it. **Naisa** was in the Youth in OA committee and there were only six people on the committee. They discussed how to get the message out to kids and they decided to reach out to colleges first and maybe they could reach out to high school kids. **Jill** was grateful to go and it was good to be back. She mentioned that we have a very

healthy Region and they had extra money and they decided to donate it to the WSBC for groups needing help to attend WSBC. She was on the By-laws committee and it was interesting because no one met the requirements to be chair. So they said the By-laws need to state what to do if no one meets the requirements for chair. She said she would be happy to be on the committee again and it was a wonderful experience and great to make a contribution to OA as a whole. **Dee** said this was her 4<sup>th</sup> time there and every time she feels more comfortable and enjoyed seeing people she had met before at Region. She was on the Newsletter committee and had chaired and served as editor on the spring Newsletter. She stepped down and nominated a friend from New York. She is co-editor, which has less responsibility. It's a great opportunity to do service. The more I give, the better I feel about myself. She mentioned that the Region 6 Trustee is stepping down. The question was asked if it would be appropriate to send Mary Rose a card. Naisa agreed to buy one and we will sign it in November. **Nancy** had a question about how many attended to know how much to approve for the stipend. 4 of 5 attended.

**Answering service:** Still looking for volunteers.

**Budget:** There will be a meeting today and the budget will be presented at the November meeting, voted on at the December meeting.

**Designated Downloader:** Kelley mentioned that she searches the web for info and she wondered if we had a compact list of emails to all groups. She is still thinking about how to get the e-mail addresses for groups. There was some discussion about this and it was decided to leave the responsibility of downloading the information with each group. The link will be e-mailed to the secretary and she will distribute it to the e-mail list. Dee wants to know if that is working OK.

**Event flyer:** as noted.

Motion: Judith moved to extend the meeting 15 minutes and Pam seconded it. The motion passed with 11 of 12 in favor.

#### **Old business:**

A motion was made, discussion took place and the motion was withdrawn regarding adding the 90-day designation to the meeting list.

## **Works in progress:**

<u>Update phone tree:</u> To be able to communicate in case of bad weather, the phone tree will be updated by the secretary. <u>Policies and Procedures:</u> Pam will send them to Debi and she will send them out so all will review them before the next meeting. That will be put on the agenda.

Mentor list: Will also be forwarded electronically to update.

#### **Ouestion:**

Naisa mentioned that it seems like we leave a lot on the table and maybe we need more than one and a half hours. How would that be done?

## **Suggestions:**

Dee: if we need more time we usually vote to extend at the time if the item cannot wait for the next agenda.

Eileen RT: We should budget time at each meeting instead of adding time.

Dee: We would need a timekeeper.

Karen: Adding time will make it hard to get reps for NHI and it is hard already.

Eileen RT: Please read minutes and treasurer's report before the meeting.

Kelley: She is on Boards and they use a consent agenda. They get all the reports ahead of time and highlight if you need to discuss anything on it.

Naisa: Also, committee chairs could say if they have nothing to add.

Judith: She mentioned she wished we would read out loud the treasurer's report every three months.

Next meeting is not going to be held at our usual meeting place. Instead we will be at the Trulson Conference Room (Room G17) on the second floor in Grappone Hall. To get to Grappone Hall, drive straight through the stop sign at Institute Drive and continue up College Drive to the end. We can park in either the Little Hall parking lot or the Dental Clinic parking lot on Sunday. There is not parking located close to the meeting location. A copy of the map will be sent out before the meeting.

**Motion:** Moved by Bill to adjourn and seconded by Diane.

**CLOSING** Dee closed the meeting with the Serenity Prayer.

Respectfully submitted by Debi Granfield, Secretary.