

NH INTERGROUP MINUTES – May 1, 2016

ATTENDEES: (alphabetical order by first name – Board members are listed with their first and last names)

Claire Metzger – R6 rep, Bow Thurs pm rep
Deb M. – Amherst Sat am rep
Doreen D. – Nashua Tue pm rep, Website chair
Effie S. – Ways & Means Chair, Nashua Thurs 6:30am rep
Eileen R.T. – PI/PO Chair, Derry Thurs am
Elaine Tostevin – NHI Chair, R6 rep.
Jeanne Donnelly – Vice Chair, Bedford Mon & Thurs am rep
Madeleine G. – Nashua Mon noon alt rep.
Naisa C. – Answering Service Chair, Franklin Sat am rep,
Laconia pm rep

Nancy Sullivan – Treasurer, Budget Chair
Pat G. – Bedford Wed pm rep, Manchester Tue pm rep
Pat S. – Workshops chair, Back to Basics Chair, Hopkinton
Tue pm rep
Peggie M. – Derry Tue pm sub rep
Peter Lewis – Secretary, Nashua Thurs pm rep
Sandy M. – Newsletter chair, Nashua Mon noon rep
Cindy P. – Lebanon Tue pm sub rep
Vickie – Lebanon guest

Opening:

Elaine called the meeting to order at 2:00 PM, inviting attendees to join her reciting the Serenity Prayer. All present identified themselves and their NHI roles. Pat G. read the 12 Steps, Eileen read the 12 Traditions, and Claire read Concept 8. Among attendees, 14 eligible voters were counted and the attendance sheet was circulated. Elaine read the disciplines for the meeting.

April Minutes:

Copies of the April meeting minutes were available at the literature table. **Motion:** Jeanne **moved** to accept the April minutes as submitted. Effie **seconded** the motion. There were no questions or discussion. The motion **passed** by a majority show of hands.

Treasurer's Report:

Copies of the April Treasurer's report were available at the literature table and distributed as needed. Nancy called attention to the section titled “**Cash, Balance Detail of All Funds**”, showing expenditures for donations of \$1611.16 to World Service, and 537.06 to Region Six, from the “surplus”, as voted at the April business meeting. Elaine related that at the Spring Assembly, the R6 Board had gratefully acknowledged, NHI's December donation of \$500 from “Future Rent” Fund, and that the R6 board has expressed concern for finances in 2016/2017 as a result of there being no regional convention this year. **Motion:** Pat G. **moved** to accept the April treasurer's report as submitted. Doreen **seconded** the motion. There were no questions or discussion, and the motion **passed** by a majority show of hands.

7'th Tradition:

7'th tradition contributions were collected.

Nominating Committee:

Jeanne walked through the lists of open offices and committee chairs which had been distributed prior to the meeting. Following are the lists she presented:

Nominations for open NHI Offices: Chair - Elaine T.; Treasurer – 1 yr, open; Parliamentarian - Debi G.; Secretary - Peter L.; R6 Rep - Elaine T.; R6 Rep - Dorothy M.; R6 Rep – open; WSBC Delegate - Dorothy M.; WSBC Delegate - 2 open; R6 Rep Alternate - 2 open.

Nominations for open Committee Chairs: Answering Service - open; Multimedia - open; Post Office Box Coordinator - open; Ways and Means - Effie S.

Discussion: Jeanne pointed out that the Treasurer's opening is for the 2nd half of the two-year term ending in 2017. Elaine explained that Nancy has been serving as temporary treasurer, since she had previously served two terms. Elaine emphasized that NHI needs a Treasurer and requested all present to put forward the name of anyone they can think of who is qualified and willing to do the job for a year. She said that Nancy has offered generous assistance with the learning curve, and that anyone curious about what the job entails should consult the (recently updated) [NHI Job Descriptions document](#). With regard to open WSBC delegate positions, it was noted that a qualified candidate would also need to serve as a Region Six representative.

Job Descriptions:

Jeanne submitted the completed 2016 update of the [NHI Job Descriptions document](#), which has been in process for several months. She called attention to the section on Committee Chair positions, noting that each

Chair's position is now preceded by a paragraph titled “**Purpose**”, which describes the main goals of the committee to be chaired.

Web Site Update: Doreen reported good progress getting the re-composed NHI website ready to go live. She said all the web content, including the restricted section, has been copied to the new platform, and that the committee is in the process of verifying correctness of operation. Doreen said there is one serious bug resulting in rare, random, faulty resolution of some links, which is being worked on with the help of the platform team. She said that the tie-in to NHI email service remains to be tested. She said that she will send an email to NHI reps when the site is ready for testing by willing volunteers before it goes live.

Project Proposals for General Fund Surplus:

Lifeline Dissemination Project: Eileen presented a proposal to place up to 20 *LifeLine* magazine subscriptions for one year in the waiting rooms of local professionals (including doctors, dentists, chiropractors, beauty shops etc.) for the purpose of carrying OA's message of recovery to members of the public who suffer from compulsive food behaviors. She explained the plan as follows: An individual OA would seek placement of a subscription, by asking a prospective professional if she would be willing to have Lifeline in her office waiting room; If the professional agrees, the OA would then make arrangements with the office manager and submit the professional's business card, with the office manager's contact information written on the back, to her NHI representative or to the NHI PI/PO chair; PI/PO would follow up with a confirmation call to the professional's office then submit orders, paid for by NHI, for LifeLine subscriptions to the professional offices; During the followup call, PI/PO would also offer to supply additional OA outreach materials if the office manager would be willing to display it; The goal would be to collect all the candidate business card by the June meeting; Confirmation and ordering of subscriptions would occur after the June meeting; If more than 20 potential placements were identified, 20 would be selected by lottery.

Motion: Eileen **moved** for NHI to approve the “*Lifeline Dissemination Project*” and to allocate \$490 funding for 20 subscriptions of Lifeline plus OA outreach materials and postage. Effie **seconded** the motion. **Vote:** The motion **passed** by a majority show of hands (12 yes, 0 no, 2 abs).

Seed Money for Book Cover Kit Sales at WS Convention: Sandy M. proposed a plan to create OA book cover *kits* for sale at the Ways & Means table at the World Service Convention in September in Boston. She explained that she had prepared and field tested kits for book covers for five of the OA books (*OA 12 & 12* large and pocket, *Abstinence*, *Overeaters Anonymous*, and *A Taste of Lifeline*), and that three versions of the kits are envisioned: 1) complete kit for 1 book with all materials and detailed patterns and instructions – cost = \$1.38, 2) patterns and instructions only for 1 book – cost = \$0.38, and 3) Summary kit contains measurements and guide for all 5 books – cost = \$0.30. Sandy proposed a “*W&M book cover kit project*” to assemble and sell 75 complete kits, plus 50 instruction-only kits, plus 25 summary kits for a total cost of \$238.39. Assuming sale price of \$5 for full kits, \$2 for instruction only kits, and \$5 for summary kits, Sandy estimated potential gross income for the *W&M book cover kit project* at \$600. **Motion:** Based on this data, Sandy **moved** for NHI to provide \$238.39 seed money to purchase supplies for the “*W&M book cover kit project*”, with the understanding that the money would be paid back with income from the sales. Madeline **seconded** the motion. **Vote:** The motion **passed** by a majority show of hands (13 yes, 0 no, 1 abs).

Region Six Spring Assembly Update:

Elaine said she would submit her delegate report on the Region Six Spring Assembly at the June NHI meeting. She then touched on several topics in the “Region 6 Newsbytes” document which she had distributed prior to the meeting, and offered some other insights on the proceedings. She mentioned that OA groups in the region have been shrinking in number for some time, and one idea to counter this trend has been for Region 6 to support member intergroups by conducting “training workshops” for intergroup officers, with the goal of revitalizing intergroups and the member groups they serve. Elaine said that a motion allocating \$15,000 to hold a training session passed, but that there was tension between the intergroup reps who were largely enthusiastic for the idea and some members of the Region 6 board who were very concerned about the cost. Elaine also mentioned that the R6 “Young Persons Committee”, which had not succeeded in creating or

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sustaining meaningful momentum, has been closed and that a new “Unity with Diversity” committee has been created in its place. She said that the new committee's mission is to reach out with OA's message to all individuals who may suffer from compulsive food behaviors, emphasizing OA's openness to all who suffer, including all ages, sexual and social orientations, belief systems, and backgrounds. Elaine also mentioned that the Region 6 web site will be getting a face lift over the summer, to better serve the many roles it has grown into.

Proposed Meeting Dates for 2016 / 2017:

Elaine reviewed a proposed list of meeting dates for 2016 / 2017, distributed prior to the meeting, which was as follows: Sept 11 2016, Oct 2 2016, Nov 6 2016, Dec 4 2016, Jan 8 2017, Feb 5 2017, Mar 5 2017, Apr 2 2017, May 7 2017, June 4 2017. **Motion:** Nancy **moved** to accept the list of 2016 / 2017 meeting dates as proposed. Doreen **seconded** the motion. **Discussion:** Elaine pointed out that if accepted, the meeting dates will be subject to confirmation, by NHTI, that the room is available. **Vote:** The motion **passed** by a majority show of hands (13 yes, 0 no, 1 abs).

CLOSING:

Motion: Jeanne **moved** to close the meeting. Pat **seconded** the motion. The motion **passed** by unanimous show of hands. Elaine closed the meeting by leading a recitation of the serenity prayer. 3:28 PM.

Editor's NOTE: There was no audio recording for this meeting, due to operator (my) error. Edits are especially welcome!

NEXT MEETING: Sunday, June 5, 2016

Respectfully submitted by Peter Lewis, Secretary.