

## STATE OF NEW HAMPSHIRE

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Use black print or type.  
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Form No. NP 1  
RSA 292:2

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NEW HAMPSHIRE  
SECRETARY OF STATEARTICLES OF AGREEMENT  
OFNEW HAMPSHIRE INTERGROUP OF OVEREATERS ANONYMOUS

A NEW HAMPSHIRE NONPROFIT CORPORATION

THE UNDERSIGNED, BEING PERSONS OF LAWFUL AGE, ASSOCIATE UNDER THE  
PROVISIONS OF THE NEW HAMPSHIRE REVISED STATUTES ANNOTATED,  
CHAPTER 292 BY THE FOLLOWING:

Article 1. The name of the corporation shall be:

New Hampshire Intergroup (hereafter referred to as NHI) of  
Overeaters Anonymous

Article 2. The object for which this corporation is  
established is:

See attached Article 2

Article 3. The provisions for disposition of the corporate  
assets in the event of dissolution of the corporation are:

See attached Article 3

Article 4. The address at which the business of this  
corporation is to be carried on is:

OA  
P. O. Box 166  
Hooksett, N. H. 03106

Article 5. The amount of capital stock, if any, or the number  
of shares is:

NONE

Article VI. Signatures and post office address of each of the persons associating together to form the corporation: (Note 2)

<u>Signatures and Name</u>	<u>Post Office Address</u>
1. <u>Patricia L. Sangillo</u> Signature	<u>RED 2 - Box 371</u> Street
<u>Patricia L. Sangillo</u> Name (please print)	<u>Contoocook, N. H. 03229</u> City/Town State Zip
2. <u>Sandy Myers</u> Signature	<u>1 Elaine St.</u> Street
<u>Sandy Myers</u> Name (please print)	<u>Hudson, N. H. 03051</u> City/Town State Zip
3. <u>Thomas Stylianou Jr.</u> Signature	<u>138 Sagamore St.</u> Street
<u>Thomas Stylianou Jr.</u> Name (please print)	<u>Manchester, N. H. 03104</u> City/Town State Zip
4. <u>Margaret M. Cain</u> Signature	<u>582 Highway 3A</u> Street
<u>Margaret M. Cain</u> Name (please print)	<u>Bow, N. H. 03301</u> City/Town State Zip
5. <u>Mary Beth Hutchinson</u> Signature	<u>33 Davis Road</u> Street
<u>Mary Beth Hutchinson</u> Name (please print)	<u>Merrimack, N. H. 03054</u> City/Town State Zip

City/Town Clerk's office, City/Town of Hooksett  
Received and recorded this 11th day of January 1984.  
(Note 3)

Patricia Sack  
City/Town Clerk's Signature  
PATRICIA SACK  
City/Town Clerk's Name (Please Print)

- Notes: 1. Recording fee payable to: N. H. Secretary of State.
2. At least five signatures are required.
3. Must be recorded with City/Town Clerk's office prior to recording with the Secretary of State.

Mail fee and DUPLICATE ORIGINALS (ORIGINAL SIGNATURES ON BOTH) to:  
Secretary of State, Rm. 204, State House, Concord, NH 03301-4989

## Article 2.

The purpose of the NHI shall be the administration and coordination of OA activities common to the various groups comprising its membership. These activities include:

- A. Furthering the OA program in accordance with the Twelve Steps and Twelve Traditions of Overeaters Anonymous.
- B. Maintaining an Intergroup Service Office as a communication center for OA in this area. Specifically excluded from the objectives of the NHI is the operation of any club, clubhouse and the endorsement of any public or private projects on overeating as outlined in Tradition Six.

## Article 3.

- A. Upon the winding up and dissolution of the NHI, after paying or adequately providing for the debts and obligations of the NHI, the remaining assets shall be contributed to the World Service Office of Overeaters Anonymous.
- B. No part of the net earnings of this association shall ever inure to or for the benefit of or be distributed to its members, trustees, officers, or other private persons, except that the association shall be empowered to pay reasonable compensations in furtherance of the exempt purposes for which it was formed.
- C. Notwithstanding any other provisions of these articles, the NHI shall not carry on any other activities not permitted to be carried on by an association exempt from Federal Income Tax under Section 501 (c) (3) of the Internal Revenue Code of 1954.

The Twelve Steps suggested for recovery in the fellowship of Overeaters Anonymous are as follows:

1. We admitted we were powerless over food - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to compulsive overeaters and to practice these principles in all our affairs.

The Twelve Traditions are:

1. Our common welfare should come first; personal recovery depends upon OA unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for OA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole.
5. Each group has but one primary purpose -- to carry its message to the compulsive overeater who still suffers.
6. An OA group ought never endorse, finance or lend the OA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every OA group ought to be fully self-supporting, declining outside contributions.
8. Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication.
12. Anonymity is the spiritual foundation of all these traditions; ever reminding us to place principles before personalities.