

New Hampshire Intergroup

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Dear Group Representative:

Thank you for offering to serve as your group's representative to New Hampshire Intergroup.

You're an important participant in NHI's commitment to assist its member groups in strengthening OA recovery in the rooms of NHI meetings, and to reach out and carry the message of recovery to the still suffering compulsive overeater.

One of your main duties as Intergroup representative is to attend the monthly NHI business meetings, which are held September through June, usually on the first Sunday of the month. Meetings may be held on the second or third Sunday if the first Sunday falls on a holiday, or if we need to move a meeting to accommodate a World Service date. There are no meetings in July and August. A list of meeting dates for the year is included in this binder.

This three-ring binder and its contents are intended to be a tool to help you carry out your duties as your group's representative. Basic information appears in the front of the binder, followed by seven tabbed sections:

1. Bylaws
2. Policies & Procedures
3. NHI Job Descriptions
4. NHI Minutes
5. NHI Financials
6. Committee Reports
7. Agendas with a note area for the key takeaways

Tabs 4 to 7 are provided for you to populate with the updated documents distributed prior to each meeting. If you can't make it to a meeting, you can get this information from the NHI Dropbox file storage system. See separate access instructions.

Also included in the notebook binder is a pocket which contains various OA pamphlets and a **Twelfth Step Within Handbook** with ideas for ways your own meeting can reach out to those members in the fellowship who are still suffering. All of these items are listed in the Table of Contents.

Please bring this notebook with you to each NHI meeting and to your group business meetings when you report on NHI business. The notebook should be passed on to your successor when the group rep service position turns over. We recommend that a year's worth of material be kept in the binder for the sake of continuity.

Again, thank you for your service to your group, New Hampshire Intergroup and OA as a whole.

Yours in service and gratitude,

Pat Sangillo, Incoming Intergroup Chair and
Nancy Sullivan, outgoing Intergroup Chair
New Hampshire Intergroup